

# May 4 events

The MAY FITNESS FUN RUN will be held at the West Fitness Center beginning at 7 a.m. Prizes will be awarded to the top runners. For more details, call (301) 981-7101.

FIRST FRIDAY "CINCO DE MAYO" will be held at the Community Activity Center (CAC) from 4-6 p.m. Enjoy FREE food, \$1 beer, entertainment, prizes, and giveaways. For more information, call (301) 981-2494.

Join us for FRIDAY NIGHT KARA-OKE at the Sports Page with DJ Chris from 7 p.m. to midnight. Call (301) 981-4638 for additional details.

# May 5 events

A SHORT FICTION AND MEMOIR WORKSHOP will be held at the Library from 10 a.m. to 3 p.m. This is a college level workshop that focuses on peer critique; suggested age is 17 and older. For more information or to register, call (301) 981-6454.

PARENT'S NIGHT OUT held at CDC 1 from 5 to 11 p.m., for ages 6 weeks to 5 years. The cost is \$4 per hour, per child. Children must be registered through the Child Care Registration Office. For additional information, call (301) 981-3035.

PARENT'S NIGHT OUT held at the Youth Center from 5 to 11 p.m., for ages 5-12. The cost is \$15 for members and \$20 for non-members. This month's theme is "Cinco de Mayo." For more details, call (301) 981-5636.

# May 8 events

A PRE-SEPARATION COUNSELING BRIEFING will be held from 8:30 a.m. to noon in the Military and Family Support Center at the Pentagon in Room 5C1049. Call (703) 693-9460 for more details.

GETTING A JOB WITH THE FEDERAL GOVERNMENT seminar will be held from 1-4 p.m. at the Military & Family Support Center. Learn more about the federal hiring process, how to access job opportunities, and prepare your application package. For additional information or to register, call (301) 981-7087.

### May 9 events

A RESUME & COVER LETTER WRITING seminar will be held from 8:30 a.m. to noon in the Military and Family Support Center at the Pentagon in Room 5C1049. Call (703) 693-9460 for more details.

### Special interest items:

May is NATIONAL HAMBURGER league baseball teams. Interested MONTH, stop by The Sports Page and receive \$1 OFF hamburger combos all month long! For more details, call (301) 981-4638.

The Boys and Girls Club of Greater Washington is looking for 4 volunteers to coach their little

individuals should contact SrA Martinez at michael.martinez@afncr.af.mil

A MOTHER'S DAY CHAMPAGNE BUFFET will be held 13 May from 11 a.m. to 3 p.m. A variety of Mom's favorites will be featured as

well as a breakfast bar, soup and salad station, dessert and ice cream station and much more. The cost is \$24.95 for members, \$29.95 for non-members, \$10.95 for children ages 6-10 and FREE for children 5 and under. For more information, call (301) 568-3100.